

Lifespan Gerontology Certificate Program

in partnership with the Finger Lakes Geriatric Education Center (FLGEC) at the University of Rochester



2023-2024 Class Schedule*		Date of Class	Notes
Unit 1: Introduction for students in Cohort A (September 2023-May 2024)			
1	Intro to Gerontology & Social Theories on Aging	9/13/2023	
Unit 2: Biological & Medical Aspects of Aging			
2	Physiological Aspects of Aging, Pt 1	9/20/2023	
3	Physiological Aspects of Aging, Pt 2	9/27/2023	
4	Functional Assessment of Older Adults	10/4/2023	
5	Polypharmacy	10/11/2023	
6	Medical Perspectives on ADRD	10/18/2023	
7	Aging & Lifestyle Medicine	10/25/2023	
Unit 3: Jurisprudential Gerontology			
8	Health Insurance for Older Adults: Medicare & Medicaid	11/1/2023	
9	Foundations of Social & Public Policy	11/8/2023	
10	Legal Aspects of Aging: Advance Care Planning	11/15/2023	
11	<i>Tentative: Innovative Gerontological Research & Implications</i>	11/29/2023	
Unit 4: Environmental Gerontology			
12	Age Friendly Livable Communities	12/6/2023	
13	Occupational Therapy Strategies to Age in Place	12/13/2023	
Unit 1: Introduction for students in Cohort B (January 2024-December 2024)			
1	Intro to Gerontology & Social Theories on Aging	1/10/2024	
Unit 5: Equity & Justice in Aging			
14	LGBTQ+ Safe Space: Serving Aging Pioneers	1/17/2024	
15	Intergenerational Trauma & Resilience	1/24/2024	
16	Health Literacy for Health Equity	1/31/2024	
17	Aging with Intellectual/Developmental Disabilities	2/7/2024	
18	Indigenous Perspectives on Aging	2/14/2024	
19	Deaf Culture & Aging	2/21/2024	
20	<i>Tentative: The Gray Panthers & Anti-Ageism Activism</i>	2/28/2024	
Unit 6: End-of-Life Care			
21	Hospice & Palliative Care	3/6/2024	
22	Spirituality & End-of-Life	3/13/2024	
23	Ethics at End-of-Life	3/20/2024	
24	Grief & Bereavement	3/27/2024	
Unit 7: Psychosocial Aspects of Aging			
25	Sexuality & Aging	4/3/2024	
26	Mental Health Assessment of Older Adults	4/10/2024	
--	(make up class)	4/17/2024	
28	Family Framed Care	4/24/2024	
Unit 8: Community-Based Services & Supports			
29	Evidence-Based Education & Wellness Programming for Older Adults	5/1/2024	
30	Social Perspectives on ADRD & Community Supports	5/8/2024	
31	Elder Abuse & Prevention	5/14/2024	
32	Substance Misuse in Older Adults	5/22/2024	
Optional Celebration & Conferral of Certificates			
	Certificate Conferral Ceremony/Celebration 4-5 pm	5/29/2024	

*This schedule may be subject to slight change.
UPDATED 7.18.2023

Monthly Lunchtime Discussion Group

This is a monthly, optional discussion group that provides an opportunity to discuss how all the classes intersect. Also, this allows for an opportunity to share with your fellow students and network. Held over Zoom from 12-1 pm EST.

Every month on the Third Friday, 12-1 pm.

- *October 20, 2023*
- *November 17, 2023*
- *December 15, 2023*
- *January 19, 2024*
- *February 16, 2024*
- *March 15, 2024*
- *April 19, 2024*
- *May 17, 2024*