



Call Lifespan's
Health Insurance Information
Counseling & Assistance Program

585-244-8400

or

1-800-701-0501

for more information

Or visit

www.lifespanrochester.org

*No service fee is charged,
but donations are encouraged.*

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1900 South Clinton Avenue
Rochester, New York 14618
(585) 244-8400
www.lifespanrochester.org



The Information and Guidance You Need about Medicare

from Lifespan's
Health Insurance Information
Counseling & Assistance Program



*Free, accurate and unbiased
information about Medicare and
all related health insurances in Monroe
and Livingston counties.*



When you have questions about Medicare and related health insurance plans, call Lifespan's H.I.I.C.A.P. service for free, accurate and objective assistance.

Do you need help:

- Understanding Medicare and Medicare prescription drug plans?
- Understanding your health insurance options as you approach age 65?
- Choosing the right Medicare plan to fit your needs?
- Understanding Medicare statements?
- Appealing a Medicare ruling?
- Determining if you qualify for financial assistance for Medicare and medical expenses?
- Assistance applying for benefits?

Our certified counselors can help you.

We're here to help you understand Medicare and related private health insurance options.

We provide:

- Accurate and unbiased information.
- Advocacy and counseling.
- Problem resolution.
- Guidance about today's confusing health insurance options.

We also provide:

- Free informational workshops and presentations for groups and other organizations.

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INFORMATION, COUNSELING & ASSISTANCE

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 **Lifespan**
Take it on!