

Feeding the mind, body and spirit.



Caroline "Lily" Lobozzo Aging Resource Center

25 Driving Park Avenue, Rochester, 14613

Call 585-341-4013

for more information.

If you live within a five mile radius of the Maplewood YMCA and you don't drive, ask about transportation provided by Medical Motors Service for a small donation.

The Caroline "Lily" Lobozzo Aging Resource Center is the result of a collaboration between Lifespan, The United Way, the Monroe County Office of the Aging and the YMCA.



Caroline "Lily" Lobozzo Aging Resource Center at the Maplewood YMCA

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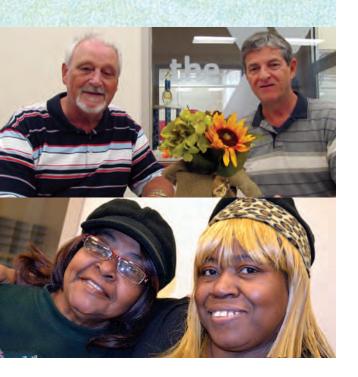
Operated by Lifespan

You've never been to a place quite like the Lily Café!

The Lily Caperated by Lifespan within the Maplewood TWCA, is a place to dust off your dreams and discover the joy of new opportunities. You'll meet new people and perhaps even find a second home here! Everything we do is geared for a new generation of older adults — the generation that wants to *take it on* in the second half of life!

"We found what we needed! From the moment we entered this beautiful facility, through exercise, the lunch at the café, we are surrounded by kindness, inspiration, support and friendship."

Mirko & Irma Pylyshenko



Our only focus at the Lily Café is feeding the mind, body and spirit. Yours!



- * You'll find informative classes with opportunities to learn and share.
- We have volunteer opportunities, both in the Café and in the community.
- Join us on trips to new places in Rochester, or revisit somewhere you haven't been in awhile.
- And, you'll have easy access to all the Maplewood YMCA has to offer including yoga, Zumba®, Tai Chi, water aerobics and much more!*

"So many wonderful programs are offered at the Lily Café, but the most important thing is the friendships I've developed. It is a wonderful family atmosphere!" Sheron Gardner

It's your time, your talent, your café. Join us at the Lily Café at the Maplewood YMCA!

The Lily Café, feeding the mind, body and spirit.

Call us at 585-341-4013, or just drop in to see us!

*Must be a YMCA member to participate in Lily Café programs although YMCA membership is not required for lunch. Financial assistance is available.