

# Medicare Preventive Services Checklist

Please visit [www.Medicare.gov](http://www.Medicare.gov) for more specific information on your covered preventive services.

Services	How Often?	Cost to Beneficiary
Annual Wellness Exam	Once every 12 months after your first full year of Medicare Part B enrollment.	Medicare pays 100%
“Welcome to Medicare” Preventive Visit	Once within the first 12 months that you have Medicare Part B.	Medicare pays 100%
Alcohol Misuse Screening and Counseling	One screening per year. If provider recommended, up to 4 face-to-face visits per year with qualified doctor.	Medicare pays 100%
Abdominal Aortic Aneurysm Screening	One-time screening ultrasound.	Medicare pays 100%
Bone Mass Measurement	Once every 24 months for those with certain medical conditions.	Medicare pays 100%
Cardiovascular Disease Behavioral Therapy	One visit per year.	Medicare pays 100%
Cardiovascular Disease Screening	Once every 5 years.	Medicare pays 100%
Cervical Cancer Screening (Pap Smear & Pelvic Exam)	Once every 24 months or every 12 months for those at risk.	Medicare pays 100%
Colorectal Cancer Screening	Frequency based on test for those age 50 and older. Ask your doctor.	Medicare pays 100% for most tests
<b>NEW</b> Coronavirus (COVID-19) Vaccine	Unknown as of the date of this publication.	Medicare pays 100%
Depression Screening	One screening per year done in a primary care setting that can provide follow-up treatment and referrals.	Medicare pays 100%
Diabetes Prevention Program	Once per lifetime to help prevent type 2 diabetes.	Medicare pays 100%
Diabetes Screening	One to two per year based on risk factors. Ask your doctor.	Medicare pays 100%
Diabetes Self-Management Training	Education for those with diabetes—doctor must provide written order.	20% of Medicare approved amount (subject to deductible)
Flu Shot	Once per flu season.	Medicare pays 100%
Glaucoma Tests	Once every 12 months for those at risk.	20% of Medicare approved amount (subject to deductible)
Hepatitis B Shot & Screening	Based on risk factors. Ask your doctor.	Medicare pays 100%
Hepatitis C Screening	One-time for adults who do not meet the high-risk definition, but were born from 1945 through 1965.	Medicare Pays 100%
HIV Screening	Once every 12 months or up to 3 times per year during pregnancy.	Medicare Pays 100%
Lung Cancer Screening	Once every 12 months for ages between 55-77, current smoker or quit smoking within the last 15 years.	Medicare Pays 100%
Mammogram Screening	Every 12 months for women age 40 and older.	Medicare pays 100%
Medical Nutrition Therapy	Three hours per year for the first year for people with diabetes, renal disease or kidney transplant. Two hours per year after that.	Medicare pays 100%
Obesity Screening and Counseling	Counseling is covered for anyone found to have a body mass index (BMI) of 30 or more.	Medicare pays 100%
Pneumococcal Shot	Usually once in lifetime. A second shot is now covered at least 11 months after the first shot.	Medicare pays 100%
Prostate Cancer Screening	Once every 12 months.	Rectal exam subject to 20% coinsurance. PSA blood test covered 100%.
Smoking & Tobacco Cessation	Up to 8 face-to-face visits per year.	Medicare pays 100%
Sexually Transmitted Infection (STI) Screening/Counseling	Once every 12 months for those at risk.	Medicare pays 100%



## Health Insurance Information, Counseling and Assistance Program

For more information, contact your local Office for the Aging or call the Health Insurance Information Counseling and Assistance Program (HIICAP) at 1-800-701-0501.

# SENIOR HEALTH CHECK-UP

MEDICARE  
HEALTH  
SCREENINGS



Office for  
the Aging

Pay to the  
Order of **You!**

\$ **Priceless!**

**Your Health Screening Benefits and  $\frac{00}{100}$**

Dollars

YOU MAY HAVE TO PAY A DEDUCTIBLE,  
COINSURANCE, AND/OR COPAYMENT.  
AMOUNTS MAY VARY DEPENDING ON  
YOUR MEDICARE HEALTH PLAN.

**Medicare**

*See the back of this flyer for more details on each preventive test*